

3.4 Complete Contentment

Bible Verse:

Happy are the poor in spirit: for theirs is the kingdom of Heaven. – Matthew 5:3

Proclaim:

God has prepared abundant blessings for those who believe.

Truth:

There is fullness of joy in God's presence. Therefore we will rejoice in the Lord and He will grant us the prayers of our hearts.

Interesting Questions:

(Choose 1 or more to discuss)

- **Can people be completely contented by laboring for money and status?**
- **What should you do when you are enticed by money or fame? (Matthew 6:31-34)**

Main Lesson Points:

- **Emptiness in every heart** – Ecc 2:17, 5:10
- **Need to remove the sense of emptiness**
- **Satisfaction that is not lasting** – Ecc 2:17
- **Contentment that is complete** – Joh 6:35, Psa 37:4, 16:11

Scripture:
Psalm 23

A God-Shaped Hole:

Everyone has a God-shaped hole in their heart, an emptiness that only a relationship with God can fill. King Solomon of old had discovered – “everything is futility and striving after wind.” The lover of money will not be satisfied with money. In the drawing, write or draw about the ways you've used in the past to try to fill this hole without lasting success. Make a promise to yourself not to fall to these temptations again.



Think:

Have you tried to heal restlessness in negative and unsuccessful ways?

Pray:

Use the space below to write a prayer asking God to fill your heart completely.

Act: Open your heart so that God can fill it. A relationship with God is a two-way street. Purpose to keep your heart open to Him by surrounding yourself with friends who also share a relationship with Him.