

# 2.10 This Freedom

**Bible Verse:** Submit yourselves, then, to God. Resist the devil and he will flee from you. – James 4:7

**Proclaim:** *When I obey the Lord God, I have His power and great joy.*

## Truth:

If a man knows the truth, the truth shall set him free. For we know that he whom the Son sets free is free indeed.

## Interesting Questions:

(Choose 1 or more to discuss)

- **Why do people sometimes envy the freedom that birds have?**
- **What warning does Proverbs 14:12 give about choosing the way to live?**
- **How does choosing to obey God result in freedom? (John 8: 31-36)**

## Main Lesson Points:

- **True Freedom and False Freedom**  
– Mat 24:12, Pro 14:12  
**True Freedom** – Joh 8:36
- **Obedying God's Word** – Col 3:20
- **Great Joy and Power** – Neh 8:10

Scripture:  
John 8:30-36

## Bound No More:

It's possible to be walking around free and still be in chains. Many people are shackled by depression, addiction, sexual sin, poor self-esteem...the list could go on and on. But when we choose to follow and obey God, He offers us freedom from all of these things and more. Obeying God gives us a special joy. This joy is our strength. As God's word has stated: "Do not be grieved, for the joy of the Lord is your strength". Thus with the joy of the Lord, we will be more able to do what pleases God and to continually submit to His word. This is the dynamic relationship between "Obeying God" and "Great joy and power". Thus, in obeying God's words, we gain true freedom.

**Act:** God freely gives it, so feel and demonstrate His joy. Discover a specific way you can share God's joy with someone else today.

## Think:

How can the joy God gives provide strength?

---

---

## Pray:

Use the space below to write a prayer asking God to open your heart to His joy:

---

---