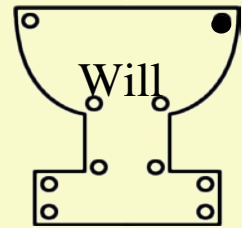


Truly Great Will of God



3.1 Accept Myself

Bible Verse: 1 Corinthians 6:19, 20

Do you not know that your body is a temple of the Holy Spirit,
Who is in you? .. you are not your own, you were bought at a price.

Proclaim: *I love myself because Jesus paid a high price to save me.*

Truth: Christ Jesus died for us while we were yet sinners. Herewith we see how God has paid a heavy price to redeem mankind. By God's love therefore, we can accept ourselves.



Scripture Reference:

- Lesson:** (1) **God loves man greatly** – *We do sometimes feel that God does not love us because of our faults and weaknesses. The fact is, God really loves us. The Bible states clearly in Romans 5:8- Jesus Christ died for us when we were yet sinners. “He was wounded for our transgressions, He was bruised for our iniquities.” (Romans 5:8; Isaiah 53: 7-9)*
- (2) **Great and sacrificial love** – *A great Story: Many years ago during a bitterly cold winter in Korea, a woman needed to keep her infant child alive. She took off the warm clothes that she had on herself and used them to wrap up her child. As a result, the mother froze to death while her child survived. That mother's love enable us to understand the great price that God had paid in giving His only Son to be the sacrificial Lamb for the redemption of man, so that all who believe can become God's children.*
- (3) **Frustration and poor self-esteem** – *In this world, there are many who are troubled with frustrations and poor self-esteem. A report of a survey done in Hong Kong with 1000 youths showed that 40 percent are very unhappy as they often feel that they are inferior to others. Many had the feeling of inferiority because of personal shortcomings or owing to their undesirable family backgrounds.*
- (4) **Self-acceptance in the Lord** – *God's word tells us that we were redeemed at a high price. Since God's love is so great for us, we should accept ourselves and not compare ourselves with others. (Jeremiah 31:3)*
- (5) **Liking myself increasingly** – *According to the bible, everyone is not perfect, but fall short of the glory of God. It is God's will to enable us to change/be transformed, as long as our hearts are teachable. Let us allow God to change us and become able to like ourselves increasingly - the greatest joy in life. (Romans 3:23)*

Conclusion: What is really important is to have God's approval, rather than the praises of man. Let us thank God for His great love and that through the Lord Jesus, we can esteem and accept ourselves.

You Will Need:	A BIBLE; VISUAL AIDS- Lesson Title and Memory verse Several objects of different weight; a weighing Scale; Picture/ Drawing (optional)
OBJECT LESSON SHOW & TELL	Use the weights & the Scale to show “a great price”. 1. God sent His Son to die on the cross for all men 2. Jesus Christ paid a great price to save us from our sins
PRAY	1. Call for salvation prayer Thank you, God, for sending Jesus to die on the cross to save me from my sins. Please forgive my sins and come into my life as my Savior and Lord. Guide me to walk according to your ways every day. I pray all these in Jesus' Name. 2. Thank God for His love and the price that Jesus paid to redeem our lives.